

Kingston Sahaja Yoga Meeting
Teaching the 'Sahaja Yoga' style of enlightened living
Fridays from 12 noon to 2 pm, weekly
Entry & Tuition entirely free. on the 3rd floor, John Lewis store

It's about time that we highlighted Shri Mataji Herself don't you think

So here is a rather special link

http://www.sahajvidya.org.uk/SV_Web/NirmalaPics/Gallery_C/Large_Seekers_Medtn_Pic.jpg

If you click on this link to open the Photograph on your PC, you can if you wish simply click on the Return link at the Top Left corner usually of the screen to get back here again.

Note: All these single page series of Handout Notes, given out at the Kingston Meeting can again be viewed online if you wish, at the right hand side of your screen in the column headed as Kingston pdfs. First you will need to Bookmark the following site on your Desktop.

(<http://www.sahajvidya.org.uk/jsmsy>)

Then look for 'Quick Access Links' near the bottom of the screen, and click on 'ABC'

This very special Photograph may be accessed on the Web Site that we are using in conjunction with this meeting to conduct the Tour for the purposes of familiarising everyone with the Transforming Effect that is the essence of what Sahaja Yoga is doing, in achieving the final evolutionary culminating point that is our collective Destiny.

This Photo, along with many others that have been taken around the whole world, by the many Sahaja Yogis who exist now in most countries around the globe, are all very special Photos, which all have some very unique characteristics which make them all very very special indeed. In short they all have quite undisputed qualities associated more commonly with what is more readily accepted as qualities linked to what we know as Miracles. These Photos (only of this Lady, our Guru, Shri Mataji Nirmala Devi) possess something, that no other photographs can possess... they have captured within themselves Shri Mataji's Attention. Many people have noticed that, in these Photos, the smile on the Face of Shri Mataji can, & does change.

If there is a smile on the Photo, when you look at it, then this means that She is very happy with what She sees when She is looking at you. If you notice the smile a little bit changing and starting to fade, then think again – maybe we are doing something that is not so pleasing to Shri Mataji.

Our job, yours and mine, all of us, is to keep a smile on Her Face, at all times.

So we need to place the Photo in a frame as soon as possible, and really take maximum care of it. Place it somewhere, where you will be doing your meditation regularly, each day following the advice given in the topic called Photograph. Keep it off the floor, do not point your feet towards it. The Higher Regard, the more you have a Very High Respect, for this Photo, the greater and more rewarding and more enjoyable and deeper will be your meditations.

On this Web Site...

(http://www.sahajvidya.org.uk/SV_Web/SahajVidya/0__1_SahajVidya_HP/001_HOMEPAGE_GMF.htm)

you can follow the various links that are highlighted in these notes, to find a few quite important topics where some equally important information is available for all to little bit study and become familiar with.

Next will be: – More about the '**Hands**' – & -- something called '**Protocol**' -

Incidentally you can find the above Photo at: QALink > Gallery C 3rd column Pics
or at > Gallery E 6th column Pics

May Mother's Blessings always be with you

Jai Shri Mataji