

# Sin against the Father

Is the problem of the East, when we don't believe in an honest, righteous, virtuous life (830131); Includes thieving, cheating, deceiving, telling lies, violence, killing (MME), talking big, boasting, cruelty, harshness - with immediate punishment (941009); If we indulge in this sort of activity, then the unfoldment in the brain takes time, because the brain holds the Father in it, and we may then end up feeling that there is no time for meditation, or we may take to reading books etc.; We have to be very honest in Sahaja Yoga (830204)

Is not difficult for you to get out of it. Attention is to be kept pure. If the attention is not pure, then there will always be attacks by any nonsensical thing which has no meaning in your ascent (821219)

- Jai Shri Mataji -

## Tape References:

### Date/Ref - Title - Qual - mins

-821219 Mahakali Puja, Lonavala - see 821219 good 35  
821219 Mahakali Puja & Mahalakshmi Puja, Lonavala/Kolapur  
830131 Nabhi Chakra - Delhi good 80  
830204 Sahastrara, Delhi (+ Q&A: 10 mins) good 60  
941009 Navaratri Puja, Cabella [video says 941008] good 55  
MME = Meta Modern Era by Shri Mataji Nirmala Devi

Source:

[www.sahajvidya.org.uk/jsmsy](http://www.sahajvidya.org.uk/jsmsy)