

River Ganges

The giver of Love, and the giver of Joy (790928); In the River Ganges, the water is absolutely freezing cold... but people get into it slowly, slowly they slip into it, and when you come out your cheeks are red like apples... it's so very cold. But nothing happens, nobody catches cold or anything... so in running water is the cleanest, and where you can... get into cold water (881221)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

790928 Kundalini/Kalki Shakti, Bombay Quality: good 45 mins

881221 Hygiene - Sangli - see 881217 Good 45 mins

- end -

24 Mar 2016