

Right Side

Right side or Sun channel (811005), which works for our physical and intellectual activities (MME); The right side sympathetic nervous system (810928), the power of action, that acts through the 5 elements (810928); Yellow in colour becoming golden, orange and then red; Becomes heated up, aggressive (800526); Is the side which is hot and needs cooling down (800517.2); The side of the Supraconscious (820711); The side of creativity, and of thinking (781115); In Indian tradition, is the Rajoguna. The side of our mental and physical activity, the future, our planning, the ego (840313)

Fumes from the activity on the right side collect in the balloon of ego, which together with those from the left side collected in the superego, cause us to be cut off or separated, from the main (790616)

To get into 'balance' from the right side, we do so not with the left side, but by getting into the centre, by developing the witness state. We indulge into work in thoughtless awareness, saying 'I am not doing it' (800517.2)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

- 840313 Intro talk - 3 channels, Delhi - see 840313 good 35
- 781115 Evolution - see 780911 good 45
- 790616 Dr Johnson House, Birmingham not good 55
- 800517.2 Old Arlesford, Winchester, pt 2 (What is a S Yogi) good 90
- 800526 Attention, Dollis Hill
- 810928 Shri Mataji in America, NY, day 5 [+PP video set 2/5,6,7] good 80
- 811005 Beauty that you are - Houston good 70
- 820711 Nabhi to Sahastrara, Derby good 90
- 840313 Intro Talks - Delhi and Hampstead
- 840718 Chiswick Town Hall [+33mins Q&A + incomp. Experience] good 55
- 890806 Shri Bhairavnath Puja - Garlate, Italy good 25

- end -

10 May 2003

Source:

www.sahajvidya.org.uk/jsmsy