

# Reality

The Truth, the Absolute, which has to be felt on your Central Nervous System (840708); The realm beyond Sahastrara, where we have to enter (960505); Is achieved through the heart (910728); Reality is what Reality is... it's not a concept; A concept is not Reality... it's just a mental projection (860707.1); To deal with Reality... it must be done with intensity... even love must be intense... otherwise you are just befooling yourself... playing games... it leads you nowhere (791202.3)

- Jai Shri Mataji -

Source:

[www.sahajvidya.org.uk/jsmsy](http://www.sahajvidya.org.uk/jsmsy)

## Tape References

### Date/Ref - Title - Qual - mins

- 860707.1 Press conference, Vienna - see 860707 good
- 791202.3 Guru Puja Pt 3, Dollis Hill (Q&A) - see: 791202.2 Poor
- 840708 To Know the Truth - Ilford [with 40mins Q&A] good 40
- 910728 Guru Puja, Cabella good 60
- 960505 We must feel responsible, Sahastrara, Cabella good 55

- end -

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