

Cunning

A person with a cunning type of attention, which is the worst type of attention, is always seeing what advantage he can take, what money he can save. Attention should not be on saving worldly things, but on saving attention itself. When we are concentrating absolutely fully in Sahaja Yoga, then we are controlling, we are saving our attention (830723.3)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

830723 Purnima Seminar, Lodge Hill, Part 3, Assume Your Positions – good 68

Chakras affected: Swadisthan

- End -

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Source: www.sahajvidya.org.uk/jsmsy