

# Concentration

If you start putting your eyes onto something and concentrating on it, your eyes might become mesmeric... means bhoots will start coming out of your eyes. First of all you catch bhoots in your eyes... they settle down there... and then they will be falling on other people as bhoots... it's a very very dangerous thing to go on looking at something continuously with concentration (860823)

- Jai Shri Mataji -

Source:

[www.sahajvidya.org.uk/jsmsy](http://www.sahajvidya.org.uk/jsmsy)

## Tape References

### Date/Ref - Title - Qual - mins

-860823.3 Shri Krishna Puja, Lac Noir - see 860823.1 good 45

-860823.2 Gita, Lac Noir - see 860823.2 good 30

-860823.1 Govinda, Lac Noir - see 860823.2 good 25

860823.1 Shri Krishna Puja, Lac Noir/ Raksha Bandhan, Hampstead

860823.2 Govinda/Gita, Lac Noir

- end -

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