

# Cardiac Plexus

The Centre Heart... the centre of security and confidence (MME)... the fourth Chakra, controlled by Jagadamba (810829)... manifests in the gross as the cardiac plexus (830302); The Mother of the Universe... who gives security, and controls the sternum and antibody production (811005)... controls our immune system (MME)... where til the age of twelve years, we develop our antibodies... which later on in life go into the whole body... into the circulation and fight our diseases... and to fight our emotions (790722)

- Jai Shri Mataji -

Source:

[www.sahajvidya.org.uk/jmsy](http://www.sahajvidya.org.uk/jmsy)

## Tape References

### Date/Ref - Title - Qual - mins

-830302 Public Lecture, Perth - see 830301 (+Q&A: 10 mins) good 35

790722 Leeds at Jim's House poor 45

811005 Beauty that you are - Houston good 70

830302 False Gurus and Satgurus - Dalkeith (Q & A) good 160

MME = Meta Modern Era by Shri Mataji Nirmala Devi

- end -

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