

# Assas

From the Koran, meaning the Kundalini (950920); The Kundalini, in the triangular bone, which at the time of resurrection will be raised, and people will get their Realisation (830723.1)

- Jai Shri Mataji -

## Tape References

### Date/Ref - Title - Qual - mins

950920 Religions, Sahaja Yoga & Realisation, St Petersburg Good 75

830723.1 Rutumbhara Pragnya, pt 1, Lodge Hill Seminar Good 25 mins

- end -

2 Mar 2016

Source: [www.sahajvidya.org.uk/jsmsy](http://www.sahajvidya.org.uk/jsmsy)