

# Almond Oil

Sometimes you can also put almond oil... on your head... is also good for you... because if you have any problems that you feel exhausted, your nerves need attention, you are a nervous type of person, then almond oil is good for you (860504)

- Jai Shri Mataji -

## Tape References

### Date/Ref - Title - Qual - mins

860504 Sahastrara Puja Talk, Milan (French Translation)

- end -

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Source: [www.sahajvidya.org.uk/jsmsy](http://www.sahajvidya.org.uk/jsmsy)