

Aarti

So whatever pleases your Spirit, is used in the Puja... is to be given; By showing light to God... what we do is we worship light within us... the light element gets enlightened within us. The light element is here on the Agnya. When you do Aarti or when you put light before God... when you show light to God, the light element within you gets enlightened (800927)

In simple Indian villages, people try to be nice, congenial, good... how... by understanding auspiciousness... an auspicious presence is soothing, comforting, absorbing, beautiful... and this... how do you develop... you should do little Aarti to my photograph... is a good idea (800927)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

800927 Lethargy, Chelsham Road good 75

- End -

1 Mar 2016