

## First fruits of SahajVidya research

### Jai Shri Mataji Nirmala Devi

It has been some 5 years now that a research of Shri Mataji's tapes has been underway, with the aim of producing a database with as much as possible, of what our Beloved Mother has talked about over the years.

It is immediately apparent that to achieve anything like total coverage is an impossibility. The work therefore... though it can hardly be deemed as work... because of it's truly joyful nature... slowly still continues.

But now, the project is felt to be sufficiently far advanced that perhaps a start may be made to extract certain information and to attempt to present it in a way which may be useful to the collective as a whole.

Those sheets which are attached are the first fruits of this endeavour. There are already more, close to completion, and it is hoped to produce even more as time goes on.

It is sincerely hoped that you find it both useful and helpful in whichever direction your interests in Sahaja Yoga may lie... but especially of course in the spreading of Sahaja Yoga, and the passing on of the knowledge of Sahaja Yoga to those newcomers who join our numbers. It is perhaps a good idea to give these only to those who stick on and establish. If you have any constructive or helpful suggestions, please do not hesitate to communicate your thoughts, preferably of the inspired variety to the above e-mail address.

### Your Help Needed

There are going to be many deficiencies... many gaps in the research data that has been so far collated. To 'discover' everything that has been spoken of by Shri Mataji would indeed take a lifetime. Here the whole collective can be of tremendous help. We all listen to a great variety of lectures, and also unofficial recordings... and it is here that your help can prove to be invaluable.

If you find, as you undoubtedly will, in the attached sheets... certain omissions... for example certain techniques not described... it only means that so far it has not been found in the tapes thus far randomly listened to. So if you can show where the missing material is to be found, please take the trouble to send in the details, and maybe a copy of the tape too. Any such contributions will rapidly find their way into any updates that are released, and eventually will be, one hopes, of ultimate benefit to the whole collective.

A new Sahajvidya.org.uk web site is under construction, and is currently hosted at <http://www.sahajvidya.org.uk/jsmsy> and any updates, and also any new 'presentations' will be added to this site as soon as they are ready. Please check the date appended to each document, to see whether a more up-to-date version has become available.

With sincerest best wishes  
Shri Mataji Prasanna  
Nick