

**Kingston Sahaja Yoga Meeting Teaching the 'Sahaja Yoga' style of enlightened living
Fridays from 12 noon to 2 pm, weekly
Entry & Tuition entirely free. on the 3rd floor, John Lewis store**

"Mariadas", or 'Boundaries of our Relationships'

It was intended to deal with the range of charts and Listings for this issue, but 'Needs Must' as they say, and so we are finding it necessary to give attention to a very current and uncomfortable issue that is affecting the running of this meeting to its possible point of potential destruction.

It is a very sensitive & a very delicate issue, but one which none-the-less has to be faced in Sahaja Yoga. It deals with something that we call Mariadas, or 'Boundaries of your Relationships'. So to start it off, we need to go to the main Index & look for "**Mariadas**" under the listing for the letter 'M' and it would be helpful to also read up on the subject of '**Sankoch**' under the letter 'S'. Both these issues are rather uncomfortable to deal with in this day and age, and it is only because we have received our Self Realisation, that we are empowered in so many ways to achieve that which we properly desire.

So this Nick has come across the situation where he has been in Sahaja Yoga for such a long time, and he has dedicated himself totally, fully, to our Guru, Shri Mataji almost to extreme and has as a result experienced a total surrender to Her Will. He goes to any Sahaja Yoga meeting & just wants to give & work on people in total thoughtless awareness. However not everyone appreciates or understands what is really happening, and as a result many misjudgements are happening & taking place. When he is working on someone (everyone is female, there are currently no exceptions) there are for him, no baser feelings, yet he is being judged as if that is all that there is. If there is the possibility of one day finding a partner, it will be by Shri Mataji's Blessings alone, & should be recognised that this is so - that She alone will have made the choice, & made the necessary adjustment, by virtue of the necessary overruling of any appropriate taboos. This can easily be checked, on Vibrations by any sensitive Sahaja Yogis.

Then we can resume our onward & upward progress, and some otherwise awkward situations may be avoided, or corrected, to the potential benefit of all involved.

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Necessary or Recommended Reading should include the following:

[click on the '**Index**' link in the **QuickAccessBar** followed by the initial letter of the chosen word or more simply just click directly on the green highlighted link shown below. Remember that in order to return here, all you need to do is to hit the 'Go Back' Link at the top of the page.]

Mariadas /// **Transformation** /// **Change** /// **Self Realisation** /// **Enlightenment**
Thoughtless Awareness
Powers // **Humility** // **Rakhi** // **Sex Point** // **Sex** // **Vibrations** // **Surrendering**
Ganesha /// **Ganesh Powers** /// **Chastity** /// **Morality** /// **Taboos**

A Final Note

With so many topics here recommended, it is perhaps a wiser option to space them out a little when reading them, so that you alternate them with your regular periods of Meditation. So pick a topic, & read it slowly so as to absorb it, then follow this with a spell of Meditation, before repeating the process once more... sort of one to two topics per day sort of thing.