

The Mother

It is not easy to understand me... on one side, of course, I am Divine no doubt... on the other side I'm very human... even in a film, if I see somebody suffering, I start crying... I can't bear it; I made myself extremely human... and this Divinity of mine also... it's just Sahaj. I've done nothing - I've been like this... I am like this. I've not achieved anything... if I have achieved anything... it's the understanding of human beings (920229); Only for those who are my children, I come on this Earth... not for those who are not... I have nothing to do with them; I did try to save you... as the prodigal son has to be saved (850629)

We have to be careful, and not say any indecent things to the Mother, nor to use bad words (790416); Care needs to be exercised, because the time may come when the Mother's attention may recede, and then we will just drop out (790422); She who is to be revered (830128)

Mother's Presence

When I am away... I am not gone... I am much more here when I am not here... you will see (801205); People who are with Mother go into left Vishuddhi very fast, because they lack in protocol. To be with Mother is a blessing no doubt, but also one has to be very very careful, that you do not cross the protocols (850901)

Mother's Vision

If you see, the rate at which we are moving is not proper... we have to be much faster... we have to go much ahead, and we have to create much more Sahaja Yogis through our consistent very intensive effort. But it is a side issue... a 'by the way' ... Sahaja Yoga is 'by the way'... and this is why we are failing in our responsibilities (970525); You have to become very sensitive to the needs of the world... if you fail, the whole thing will fail for ever. So the need for you is to spread Sahaja Yoga, because this love is not only for you... but is to be enjoyed by as many as possible in the whole world... so we have to go all out... every where... every corner... we have to shout... to tell loudly... what is the time in which we are living. Nobody but 'you' can do it... you can 'do' it... because you are children of the Adi Shakti (970525)

But again and again, I have to tell you that the work has to be done with a faster speed... and we have to get more people into Sahaja Yoga. It's rather difficult for me to say something forcefully... that's not my nature you know... I can't get into tempers, and cannot get angry... and I cannot forcefully say something to you... but if you fail, then only thing will be that you have failed me completely... it means that... nothing less than that. I would request all of you to take a vow today that you will spread Sahaja Yoga and that you will talk about Sahaja Yoga, know about Sahaja Yoga - there are many who don't know anything (970525)

Correction

We accept correction, because we want our ascent. Leaders should know how to correct others, because sometimes we need it - they should be kind, compassionate and good, but should not compromise with nonsense, and laziness (871016)

Left Vishuddhi is to be corrected by us ourselves, by facing it and telling ourselves 'No... stop it now', and by giving ourselves shocks, or punishments; Chastity is to be established not by giving bandhans, or by taking vibrations from the Mother and then getting lost, but by we ourselves correcting ourselves morning til evening... and facing ourselves and not feeling guilty (850901)

Use your **Right Vishuddhi** to shout at yourself: 'Now will you please stop talking all this nonsense... stop showing-off' (830113); **Our attitude should be...** the Sahaja Yoga attitude is... we should correct ourselves, instead of correcting others... you should not try to correct others (840214); You cannot correct others, you can only correct yourself - try to discriminate to see where you are going wrong (801116)

A very serious Warning

...in all Religions people have diverted from the right path... and have come to the wrong path... and are indulging into self created Religions which have no relationship with Reality... or with the incarnations... those who started the Religions... or who gave the ideas of Religions - I hope you won't do that to me... because you are Gnostic people... you are the ones who know... who have had Self Realisation (871219)

Clearing Right Side

If you find that your right side is hot, what you do is put your right side towards the photograph, and your left side up towards the ether... the ether takes away the heat. But what actually happens is that your right side gets the vibrations, and the heat is pushed towards your left and passes out into the ether. Now this heat comes from too much futuristic living... and this heat has to go away. For that, there are various things we have to use, but mainly for right sided people, they should not use any light at all... they should not sit in the Sun... but should sit in the moonlight. They should read some poetry... and should tie up their watches, and not look at time... and they should allow time to pass. And should just become very sort of emotional people... and should sing songs of bhakti. They should not do Hatha Yoga - there are many things they should not do (880921)

Clearing Left Side

The left side is to be cleared... through the light. Light is put before the photograph... left hand towards the photograph... right hand on the Mother Earth... so the left hand gets the light, and the light passes through, and the negativity of the left side passes through the right hand... which is on the Mother Earth... so the Mother Earth is the one who sucks in all these negative forces of the left side (880921)

So here we are once more, just a little further along the way.

Take care... and enjoy your meditations - remember... not to put in any big effort. Best is just to watch the Photo, enjoy the BEAUTY, feel the love flowing. Jai Shri Mataji