

It is only the photograph that is going to work it out

Sahaja Yoga does not work on mental level... it works on the Spiritual level, which is much higher than the mental level. So what we have to do is to understand how to correct our chakras... if you have certain chakras catching, try to improve your chakras with the photograph... with all due respect to the photograph... it is only the photograph that is going to work it out (830121)

Photograph

It is only in the lifetime of the Adi Shakti, that the Photographs have started... it's more than a representation... "its quite me... because my attention is there... my Photograph has got My Desire also in it" (900811.2); The photograph has so many elements in it - it has the light, water and earth elements in it... it has also air element, because if the air is not alright you cannot get a photo... and it has ether element because a photo you can transmit (800518); Only with the Photograph will Sahaja Yoga be worked out (830121)

Our Mother's photograph is very auspicious... you don't put it on the ground... nor do you trample over it... auspicious matters... which are important matters, must be kept at a higher level always (800927); The protocol of the photo is important (800518)... it has a coefficient, and emits vibrations (900811.2); Keep one Photograph with you all the time in your pocket... respect it... with the understanding that... 'that is Mother... who is with us' - you'll be amazed how things work out (800518)

All these Photos that you have separately have meaning - the Hands, with a candle, are very good for the eyes, and for the blindness caused by bhoots, whilst the Feet are very good for the grosser problems, and especially for the ego and also the superego... they will correct the Supraconscious, and will go to the grossest point - the Feet are tremendous... we also sometimes should watch the Feet (800517.2); The photo of the Devi's Feet is the strongest for correcting problems (841005)

A Photo of the Face will not work to correct the grosser problems - for that a Photo of the Feet works much better. The Face is for the seekers (800517.2); "My face is such a funny thing, that if you watch it for a long time, you will have no thoughts... today it happened, I went to the tailor, and he just looked at me, and he didn't know what he was doing. My husband said 'Is he stunned or what?'" (800609); We also should watch Mother without thinking (800609)

Cont'd...

Sahajvidya - Photograph

Also you can use my photograph for curing other people. So, one should not bother about all these things... one should keep completely detached about it. So do not cure anyone... if you have to cure people, then you please give them the photograph and ask someone to work on them. You have got the power to handle my photograph... give it to others (800127.2)

If a candle starts flickering in front of the Photo, this is alright, meaning that there is something wrong and it is being corrected by the Photo (810328); When working on someone who has a possession, by for example a false guru bhoot, it is important not to allow oneself to be exposed to the same bhoots, by keeping a Photo in front of your face, like a mask - in addition of course to putting oneself into bandhan (800517.2); You should not show interest in people who have no interest in the photograph... if they are not interested in the photograph... just forget that person... you see that's the best way (791202.3)

- Jai Shri Mataji -

Tape References: Date/Ref - Title - Qual - mins

- 830121 How to proceed - Vaitarna - see 830104.1 - side B good 35
- 800127.2 Deep Meditation - see 800127.1
- 791202.4 Guru Puja Pt 4, Ganesh 113 Names, Dollis Hill - see 791202.2 not good
- 791202.3 Guru Puja Pt 3, Dollis Hill (Q&A) - see: 791202.2 Poor 0
- 791202.2 Guru Puja/2, Dollis Hill - see 791202.1 [incomplete] good 30
- 791202.1 Guru Puja/1, Dollis Hill [Mother's Declaration] - see 791202.1 good 20
- 791202.1 Guru Puja/1&2, Dollis Hill
- 791202.2 Guru Puja Pts 3 & 4, Dollis Hill
- 800127.2 Powers bestowed upon SYogis and how to maintain them, Bordi good 30
- 800517.2 Old Arlesford, Winchester - pt 2 (What is a Sahaja Yogi) good 90
- 800518 Old Arlesford, Winchester - pt 3 (The Real Becoming) good 30
- 800609 Subtlety Within - Caxton Hall good 50
- 800927 Lethargy, Chelsham Road good 75
- 810328 Nabhi talk, Australia [some noises, + 15 mins Q&A] good 55
- 841005 Farewell to Mother - Chelsham Road good 50
- 900811.2 Canadadesha 1 - Vancouver, Canada good 35

- End -

10 Jun 2015

So... we hope once again that you have enjoyed...

Much love to all

JAI SHRI MATAJI

Any replies or correspondence can be sent to: [nick@sahajvidya.org.uk](mailto:nick@sahajvidya.org.uk)

"Precious Gems... Pearls of Wisdom... Treasures of the Devi...  
Strung on the very fabric of life...  
threads entangled... interwoven... totality concealed.  
Then Source of All... in Words of Wisdom...  
Showed the way that lay before...  
Sifting... sorting... integrating...  
til at last... they stand Revealed."

- presented in handy A5 format -

(frequently revised and updated...)

[Inspiration drawn from talk at Melichargasse on 25th July 1989]

See article entitled 'Studying' or also 'Mother's Words'

Shri Adi Shakti, 1989:

You must all individually also work it out that you study Sahaja Yoga in a way... whatever I have said can be seen... found out... what is said about health... what is said about children... because I spontaneously say things... and if you can sort it out you will know so many things... I mean if you sit down and do a study of these tapes it will help you to find out so many little little things that are so important for life. You can clarify it... can note it down... that this Mother said about these things... it will be very good for us to sort it out this way... what point is to be noted down in different headings... can put different different headings, and jot it down. Mother has said 'so'... Mother has said 'so'... whatever is not on the tape you should not listen to... whatever is on tape is authentic... whatever is recorded already should be accepted (890725); We must have one tape each - sit down and listen again and again - with pencil and paper, and see what I am saying (890611)

