

Acupuncture (Extract) 790726 In search of joy, Enfield, London

[Question inaudible] You see... ah... Acupuncture, and all these ah... systems, are started by - in the Chinese... this thing - was a very great Sahaja Yogi, was Lao Tse. He started Acupuncture actually, and he has described Self Realisation in very clear way, absolute clear, and he has said that nobody who is not a Self Realised should do Acupuncture at all. He has prohibited it completely, for people who are not Realised Souls - but everybody is doing it - this is a wrong thing. When you do in an unauthorised way, you do cure, but you create an imbalance in the body. I'll tell you how you cure...

Both these centres look after the liver, this one and that one - partly. Now, these are the two points where they put the needle - supposing. Now, what happens, that by putting the needle there, a sort of an emergency is created in these two centres - for example, this one and this one, alright? When the emergency is created within us, these two centres start exhausting their energy, they start giving more energy and more energy to this (Pingala?), in the sense they start giving energy to liver, and liver gets cured... but there is no balancing, because liver gets alright but you may develop some other disease... you may become a person who is absolutely dry. You will be such a person that you will have no feelings for others, because, if you start using this power too much, then the left side is neglected. If the left side is neglected, it will freeze and you will have a heart of a stone. And we do not see human being as a whole, we see him as a part, that's why we do not understand that liver curing is important, but what is important is that the whole of the man should be alright - what is the use of curing liver and getting cancer? It could amount to something like that.

Now, a man who thinks too much, you see, works through this centre... who plans too much, thinks too much, works through this centre, because this centre converts the fat globules for the use of the brain when you are thinking. Now, such a man neglects other organs which are looked after by this centre. The man who is a great planner will have diabetes as a disease because his left side is completely frozen - he never uses it. He becomes emotionally a dry person and he develops diabetes. Doctors cannot cure diabetes - why? Because they do not know how to give a balance to man. But supposing if a Realized person does it, then he connects the person, the patient, to the mains... and then if you take energy from there for one person - doesn't matter because you are exposed to the mains, and it is flowing all the time. You see - this is the difference. That's why, in Acupuncture, I have yet to come across people who are Self Realised, I have yet to come across... and I have met many... and they don't like it when I tell them, "Don't do Acupuncture before Realisation." One should not do anything in a naive manner, because you are creating problems for others, and for yourself also... because by these actions you are creating bad karmas for yourself... you are doing bad things... you are ruining them, and that's the bad karmas are coming to you, because you do not know what you are doing.