

The Seven Awarenesses

The first of 7 awarenesses, or subtle qualities that we have within us, linked to Shri Ganesha (951224)

The Vedas when they were written down they didn't talk of God or the Deities at all... but just about Brahmadeva throughout... and the mantras were like Bhur, Bhuvah, Swaha... 3 things. Now Bhu is actually the Mooladhara... is the earth according to them, the Mooladhara... then Bhuvah is the one which is called as Antariksha... is the one which is all created... then Swaha is capacity to burn off... of the Agni (820402)

The second of 7 awarenesses or subtle qualities that we have within us... associated with all that is 'created' around us (951224) the Bhuvah is the one which is called as Antariksha... is the one which is all created (820402)

The third of 7 awarenesses, or subtle qualities that we have within us... at the Nabhi (951224); Is the essence of Bhavasagara (860303); Swaha means consumption, consuming the poisons of everything, of ego, of superego, of our conditionings (860305; 960710)... where we consume everything... all sorts of books that one reads... all sorts of things that we go to... all the ways in which we dress (951224)

This havan that is going on here is the power of the Nabhi which is Swaha... which completely consumes all that is evil, digests it and uses whatever is good for nourishment. In the same way we have to promise that we will be consuming all that is evil in a way to destroy it and we will digest and nourish ourselves with the Divine Knowledge (851020)

When we consume all these things, we become Swadha (860305); We consume that which is wrong by meditation, by prayer (860305); Swaha, the word that one employs, when using the principle of fire to burn off all that is wrong in oneself (820402)

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SahajVidya - 7 Awarenesses

The fourth of 7 awarenesses, or subtle qualities that we have within us, by which we have emotions (0.0001); At the heart, it becomes compassion, which should be benevolent (860305); If man has no emotional feelings, no love, then he is not complete (951224); The left side energy (810330), which comes from the left hand side and comes to the right hand side, and goes backwards (800127.2); Manna Shakti... the left side power... the power of the emotions, or of the mind (820514)

The fifth of 7 awarenesses, or subtle qualities that we have within us (951224), Janna, concerned with communication, which is part and parcel of human existence (951224); Is associated with Vishuddhi, and related to the public, to politics, to 'popularity', and to consciousness of oneself (860305; 860303)

Then Tapa, the sixth of 7 awarenesses, or subtle qualities that we have within us - at Agnya (951224); Then they talk of Mahatapa... Maha is great... Tapa is the one where you have to become a Tapaswi... means a person who is going into penance (820402)

Then Satya or also 'Satyam', meaning 'truth' (830204); The seventh of 7 awarenesses, or subtle qualities that we have within us - at Sahastrara (951224)

According to the Vedas, there are 7 awarenesses that we can go through, or 7 subtle qualities that we have within us, known as: Bhu; Bhuruva; Swaha; Manna; Janna; Tapa; Satya (951224)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

- 951224 Christmas Puja - G'pule ("The 7 Awarenesses") Quality: good 75
820402 Shri Rama's birthday - Chelsham Road Quality: good 70 mins
860303 Brompton Square Address - see 860305 Quality: good 15 mins
860305 Wimbledon Address - see 860305 Quality: good 45 mins
960710 Airport Talk, Vienna - see 960710 Quality: good 40 mins
851020 Havan Speech, Switzerland
0001 Shri Mataji on Med'tn (undated) not good 20 mins
810330 Vishuddhi & Agnya, Sydney Quality: Poor 170 mins
800127.2 Powers bestowed on S. Y.s & how maintain them, Bordi good 30

- end -

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