

Aura

Is the expression of the 'causal' of the 5 elements (840718);
The 5 Koshas or auras are managed by the 5 elements, and are called the 'Causal' (860725)

The heart has also got seven auras around it... which get enlightened by the Spirit... it's a very instantaneous or you can say simultaneous happening. But, before that... when the Kundalini rises... there are the seven centres represented on the seven seats in our brain... all the Sahaja Yogis know where they are. So when these centres are enlightened... the auras start shining in the heart (800721)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

840718 Chiswick Town Hall [+33mins Q&A + incomp. Experience]

Quality: good 55 mins

860725 Informal Talks - 1986/85 (various)

800721 Auspiciousness - Caxton Hall Quality: good

- end -

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Source: www.sahajvidya.org.uk/jsmsy