

Attachments

Source:

www.sahajvidya.org.uk/jmsmy

If you are attached, you just get worries and problems... your life becomes miserable... but if you become detached, then nature takes over... and you feel extremely relaxed... if you are detached, then everything works out very well (950625); Attachments are so many, like attachments to wives, and to children, to possessions, positions, and to jobs. Many have fallen out (of Sahaja Yoga - Ed) because of their 'wives attachments', and so many will fall out if they have attachments to their children. All the children of the world, who are Sahaja Yogis, are your children... you have to look after all the children (890423)

So far we had our physical problems, which are solved - physical needs, comforts cannot dominate us any more... that's a good state we have reached... which is also very difficult for people. Normally people are very fussy... they are worried about worldly things... about possessions... material problems (850310)

Then the second subtler attachment is to our emotional side... like my mother, my brother, sister, wife, children... and we go on bothering Sahaja Yoga for that (850310)

Now how to overcome higher attachments... like there are attachments that I should write a book on Sahaja Yoga... or I should paint something for Sahaja Yoga... or I must earn for Sahaja Yoga... I must do this for Sahaja Yoga... this is also... in a very subtle way... is ego... that I should be the leader of Sahaja Yoga. Then there are jealousies... if Mother says this is not good you feel hurt... if Mother says this is good you feel happy... that means you are still at a very subtler state of ego, where you think that whatever you say should be approved by me. That is something is very subtle we do not understand, that if Mother is not approving of it...

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there must be basic Divine reason... otherwise why should I not approve of it. We must know that it's all the work of God, and we are just channels in the hands of God (850310)

Now we have a very good example of the little cell at the tip of the root of a tree... how it is so wise to avoid whatever is hard and to take to whatever is soft... and to invade the tree into the soil... it has that innate wisdom with which we also are endowed. Now you people don't misunderstand me so much as you used to... but still you do things which should not be done. To understand that whatever I tell you is for your ascent, you need a kind of a state of mind which is a detached mind. The detached mind is visible... very clear-cut in a person that he's neither very emotionally attached... and he's not very physically attached... but he sees that the progress of himself and of the society is the point... like the cell knows it has to progress for the betterment of the tree... but it has innate wisdom to do it in such a way that it never harms itself... and does not harm the tree. So the progress of a mind which one should develop, has to be such that you should move with a balance... with a witness state... and see for yourself how far you should go... and how far you should not go. Going to extremes is not Sahaja Yoga style... ascent is (850310)

What pleases Mother... very simple things. Very simple things please her... like flowers... but how much attention you have put to it... that we have to give a flower to Mother. Now what flowers she likes... she likes fragrant flowers... from where we should get the fragrant flowers... it's very simple... the shop... be on the lookout... there must be some shop with fragrant flowers... the whole direction changes... you see, you become beautifully attached to me... and I have to gain nothing out of it... but by your attaching yourself to

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me... you gain something. You have to think that if we have to attach ourselves to Mother, we must put our attention completely, entirely to it... it's not what you give me is important... it is how much heart you put into it (850310)

So one has to be all the time ascending. Ascent has to be achieved... and that ascent is only possible when we start giving up all these ties and tags that we have... these ties and tags keep us down... so get over that (850310)

- Jai Shri Mataji -

Tape References:

Date/Ref - Title - Qual - mins

-850310 Public programme, Masonic Hall, Sydney - see 850310.1 good 25

850310.1 2 Public programmes - Sydney

850310.2 Shri Devi Puja, Sydney good 40

890423 Archangel Shri Hanumana - Margate good 45

950625 Richmond Park talk - Richmond Not good 45

- end -

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