

Air

Then... comes the second thing, which we call as Vayu in Sanskrit... meaning the Air. So the air that we have, which is this gross... air - what is the subtle of air... is this Cool Breeze that you get. So this Cool Breeze is the second thing, that you get... subtler and subtler... when your growth takes place, all these subtle things start expressing themselves (981216); Vibrated Air is important, and helps a lot, sweeping off what is unwanted (781005)

- Jai Shri Mataji -

Tape References

Date/Ref - Title - Qual - mins

781005 Dharma - good 71

981216 Subtle Elements, Speech at Scout Ground, Delhi (English part) good 22

- End -

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Source: www.sahajvidya.org.uk/jsmsy