

# Absolute

The Truth, the Absolute Reality, which has to be felt on your Central Nervous System (840708); Which if it is felt the same for everyone, then it is the Absolute (840702)

That which is 'not relative'... which cannot be compared... cannot be related to anything else, or be comprehended. Whatever way you try to know... or try to analyse the Absolute... you are away from it; The state that has to be established now within us; Then, what is the question of fear... what is the question of talking about it... you cannot say it is like this, or it is like that - there are no words for Absolute, to describe it... only by negation... not this... not this... not this... then what remains is Absolute. So you reach the state of Absolute... and in that state, a complete communication is established... and in that communication you have nobody else but the Absolute within you. That is the level to which we should aspire... that should be the ascent. There's nothing like 'how' for it... you just become... like a flower becomes the fruit... it's all built in, within you. Allow it to work out. Just by surrendering, you become... and you will enjoy your absoluteness. The words stop... the description stops... you just become the Absolute, and feel your absoluteness. If somebody is not with you, you don't worry... there's no 'company' needed... you're alone... enjoying the Absolute. Then only you can enjoy the Absolute in others also (850505)

Realisation is that you become 'one' with the Absolute... you know the Absolute... once you know the Absolute, then only you can know the Relative. Unless and until you know the Absolute, you are in confusion... because everything is relative... and that is why nobody knows what is really right, and what is not. So you have to have an 'Absolute Point'... like, you have 'One Metre' in Paris, which is a fixed thing... so when you say it is ten metres, then it is ten times of that metre which is in Paris. But because we have not found our Absolute, we are in confusion... and so the first thing is, that we must find our Absolute... and the Absolute is the Spirit (791009.1)

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## Sahajvidya - Absolute

### Tape References

#### Date/Ref - Title - Qual - mins

840702 Hampstead Public Program - boomy - good 78

840708 To Know the Truth, Ilford Town Hall.mp3

850505 Sahastrara Day Puja, Vienna - good 79

791009 Maintaining the Purity of Sahaja Yoga, Caxton Hall - good 125

- Jai Shri Mataji -

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