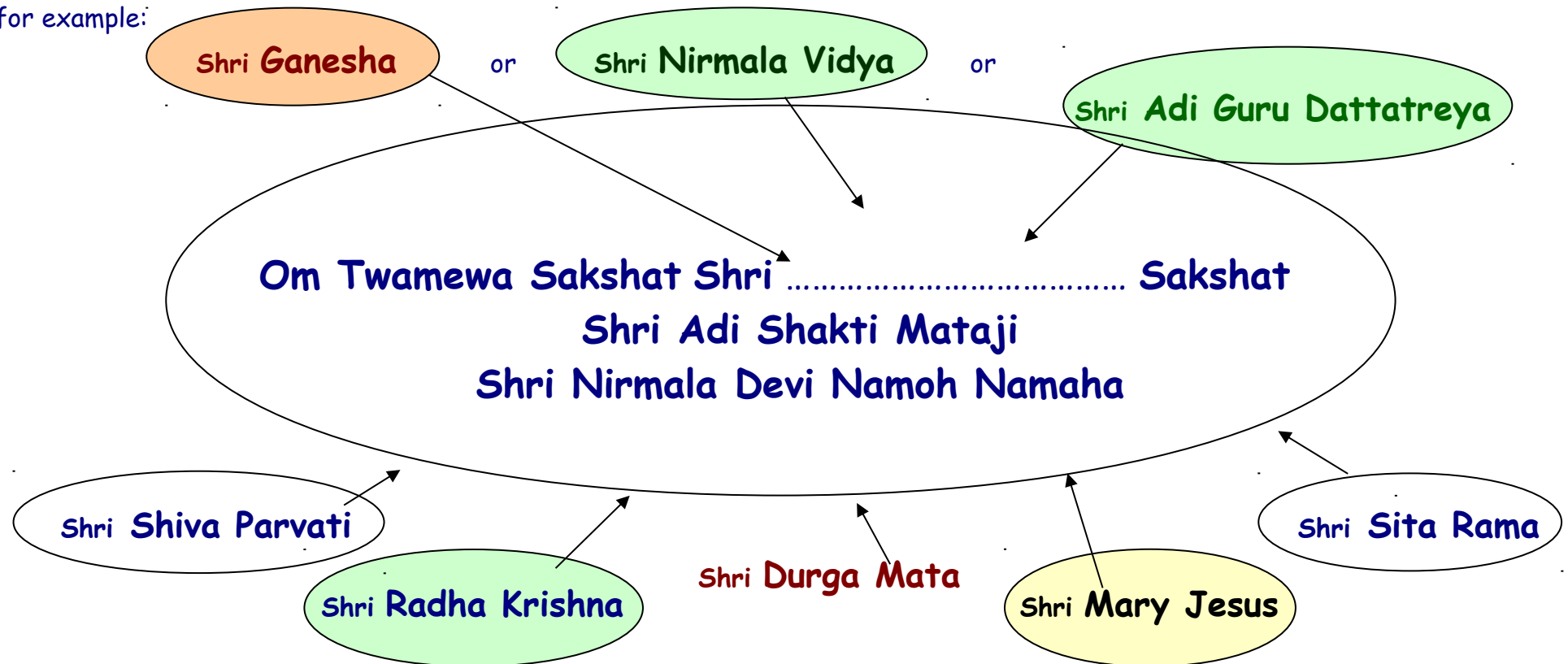


Mantras for the Chakras

To help raise the Kundalini, and to correct any problems on the chakras, we can invoke the different aspects of the Divine (the Deities) which govern each chakra, as follows:

for example:



In the space indicated above, we add the name of the Deity related to the chakra we wish to clear... e.g. 'Shri Ganेशha' for the Mooladhara chakra, or 'Nirmala Vidya' for the Left Swadisthan... etc.